

## USEFUL TELEPHONE NUMBERS

### Local Chemists

Manor Chemist	020 8679 7198
Akasi Pharmacy (used to be Tanna)	020 8764 6107
Eagle Chemist	020 8764 1629
Fairlight Pharmacy	020 8764 6433

### Community Services

St. Helier's Hospital	020 8296 2000
St. George's Hospital	020 8672 1255

### Social Services

Merton	020 8543 2222
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### Other Services

Carers Support, Merton	020 8640 4149
Marie Curie Cancer Nurses	020 7235 3325



**Welcome to**  
**Tamworth House Medical Centre**

**Telephone Numbers**

**Appointments/Queries**  
**[how to book an appointment – see page 7]**

**020 8764 2666**  
Monday to Friday  
[8.00 a.m. to 6.30 p.m.]

**Medical Treatment/Advice when we are Closed**  
**[please see page 12]**  
After 6.30 p.m. Monday to Friday  
24 Hr. Service Saturday, Sunday and all Bank Holidays

**NHS 111**

**Doctor/Nurse Consulting Times**

**Mondays, Thursdays & Fridays**

9.00 a.m. to 12.00 noon, 1.30 p.m. to 6.30 p.m.

**Tuesdays**

7.00 a.m. to 8.30 a.m., 9.00 a.m. to 12.00 noon, and  
1.30 p.m. to 6.30 p.m.

**Wednesdays**

9.00 a.m. to 12.00 noon and 1.30 p.m. to 8.00 p.m.

**Complaints and Suggestions**

We try to provide the best service possible for our patients. There may be rare occasions when a patient feels we have not fulfilled their expectations. In these situations, we appreciate feedback on any shortcomings so that we can try to improve. If a patient feels it necessary to complain about the level of service, this should be in writing to the Practice Manager.

**Did You Know?**

You do not require a sick note for the first seven days of your illness. A self-certification form, available from your employer is sufficient for this purpose.

Alternatively you may obtain a DSS self-certificate [SC2] from the receptionists at the practice.

If, under exceptional circumstances, a sick note is issued for this period it will be a private certificate which is chargeable.

## Practice and Patients' Responsibilities

### Practice:

- ◆ To provide a high level of medical care in accordance with the guidelines set down by the National Institute for Clinical Excellence and the National Service Frameworks.
- ◆ Not to discriminate on race, gender, social class, age, religion, sexual orientation or appearance, disability or medical condition.
- ◆ To protect a patient's right to confidentiality.
- ◆ To provide access to a patient's own medical record or other information held about them in accordance with the Data Protection Act of 1998.
- ◆ To request identification or checkable information to confirm the identify of a patient requesting confidential information.
- ◆ To refuse to retain patients on the medical list who are abusive or exhibit aggressive behaviour towards practice staff, other representatives of the practice, or other patients on the practice premises.

### Patient:

- ◆ To be treated equally irrespective of race, gender, social class, age, religion, sexual orientation or appearance, disability or medical condition.
- ◆ To request details of their medical record or other personal details held by the practice, in accordance with the Data Protection Act of 1998.
- ◆ To inform the practice of any change s to their personal details including address, telephone or name changes.
- ◆ To observe the practice's request that patients treat the staff and facilities with the respect they would expect to receive themselves.
- ◆ To inform the practice as soon as possible if they are unable to attend a booked appointment.

## Introduction

The aim of this leaflet is to introduce you to our practice team and outline the services we provide. Please read this leaflet carefully and keep it to hand for future reference.

We are a partnership of four doctors, two working full-time and two working part-time on Mondays, Tuesdays and Wednesdays. As a practice we try, not only to treat illness, but also to promote general good health and well being in our patients. We endeavour to treat all our patients as individuals, with needs that are not only physical but also emotional, irrespective of race, creed, colour, gender, sexual orientation or religion.

The practice is part of the South West London Integrated Care Board ICB and operating under the Personal Medical Services contract.

## Practice Facilities

The practice is situated in purpose built premises on the corner of Tamworth Lane and Manor Road offering a well proportioned waiting area with a children's area. Please note that due to reasons of hygiene, we are unable to provide toys. Access for the disabled was generally incorporated within the design of the building. We have three patients' toilets, one of which has access for wheelchair users and space for baby changing.

Unfortunately, car parking is limited, but patients are welcome to use unoccupied designated spaces, at their own responsibility.

## The Practice Team

GP Partners  
Dr. Santina LaPorta MB ChB DROCG DCH MRCGP [F]  
Dr. Ila Bommayya MD MRCGP DFFP [F]  
Dr Gnanodini Divaharan MBBS MRCGP DRCOG [F]  
Dr Khurum Butt MRCS, MRCGP [M]

Salaried GP Dr Shehla Tauqir  
Dr Sivaram Sathasivam

Practice Nurses: Courtney Miller  
Sandra Buhaim

Physician Associate Sughraa Zaveri  
Rameeza Babaar

Clinical Pharmacist Mennatallah Koronfel  
Funke Lawal

Paramedic Katie Norman

### Non-Clinical Healthcare Professionals

Health Care Assistant Gemma Paul

Health and Wellbeing Coach Louise Jenner-Clarke

Social Prescriber Simon Baker

## Translation Services

We are always mindful that for many of our patients, English is not their first language. For patients who have no knowledge of the English language, or for those who do not feel confident enough to undergo a medical consultation conducted in English, a telephonic translation service is available. This means an interpreter will be party to the consultation via a telephone link, to assist as appropriate. Please request this service at the time of booking, stating the mother tongue of the patient.

Our in-house team also has doctors who speak Italian, Cantonese and Gujarati. Again, please ask at time of booking for access to this service.

## Carers

If you are providing help or support to a friend, neighbour, relative or partner who could not stay at home due to their sickness, age or disability, then you are a carer.

Please ask a receptionist to becoming a registered Carer at the surgery. Once you are registered as a Carer you are entitled to a free yearly flu vaccination and the practice offers advice and support to Carers.

### **Disclosure of Information**

We ask you for information so that we can provide you with proper care and treatment. We keep this information, together with details of your care because it may be needed if we see you again.

We may use some of this information for other reasons, for example, to help us protect the health of the public in general and to ensure that we provide services in line with the needs of our patients.

Information may also be needed to help educate the clinical staff of tomorrow and to carry out medical research for the benefit of everyone.

Everyone working for the NHS has a legal duty to keep information about you confidential. We only ever use or pass information about you if people require it for a genuine reason and that it is in yours and everyone else's interest. We remove details which could identify you personally, unless you give us permission to do otherwise.

Anyone who receives information from us is also under a legal duty to keep it confidential.

Information may also be requested by banks and building societies regarding mortgage applications, life insurance etc. along with other professional bodies. In these cases we will not disclose any information without your signed consent. If you are at all unsure about the contents of such a report you have the right to view the report before it is sent. Any queries should be discussed with one of the doctors.

### **The Practice Team**

#### **Administration**

Practice Manager:	Adama Ceesay
Receptionists:	Jackie Smith Jane Badham Julie Cornwell Rowena Latiff Rushina Jethwa Andreia Cordeiro Kay Brown-Clarke Riah Mendez Adana Hayrapetyan
Patient Administrator:	Tracy Catley
Repeat Prescribing Administrator:	Mary Setyabule
Care Coordinator	Rowena Latiff Jade Garton-Hall
GP Assistant	Tammy Hooper

### Reception Hours

Reception is open from 8.00 a.m. to 6.30 p.m. from Monday through to Friday.

### Additional Services

Clinic	When	How to Access
Child Health Clinic	By appointment	By Appointment
Long term condition Reviews	During Surgery Hours	By appointment with GP/Nurse/HCA
Talking Therapies [Adult Counselling]	By appointment	By GP referral
Diabetic [Doctor or Nurse led]	Tuesday and Friday mornings	By appointment
Anti-coagulation Clinic	Thursdaydays9.15 to 11.15 a.m.	By appointment with Pharmacist
Implant (insertion and removal) & Coil fitting	By appointment	GP
Phlebotomy Clinic	Thursdays AM only	By appointment with HCA

### Training

Tamworth House Medical Centre is a training practice, for Registrars training to become General Practitioners and for Foundation Year Two Doctors to give them General Practice Experience. We also teach medical students and support the training of nurses.

You may be asked if a health care professional in training can participate in your consultation. You are under no obligation to agree and your refusal will not cause offence. You may also be asked to consent to video recording of your consultation for assessment purposes. We can assure you that the video will be kept secure and will only be used for assessment by appointed doctors.

### Confidentiality

All patients will always be treated with courtesy and any personal details or information will be regarded as confidential.

Patients who wish to speak privately to the reception staff will be directed to one of the rooms located next to the reception desk.

### Privacy Notice

Our Privacy Notice explains why we collect your information and how that information may be used.

To see our full privacy notice, please visit our website [www.tamworthhousemedicalcentre.co.uk](http://www.tamworthhousemedicalcentre.co.uk)

**MEDICAL ADVICE/TREATMENT WHEN WE ARE  
CLOSED  
Out of Hours/Emergency Access**

If you require medical advice or treatment whilst the surgery is closed:

**For urgent problems during surgery hours:** Please call the surgery. There is an emergency doctor available for telephone\ face to face consultation and home visits as the doctor deems necessary.

**To get Healthcare advice & Assistance when the surgery is closed:** call NHS 111

**In a life threatening emergency:** such as sudden severe chest pain, severe breathlessness, loss of power in a limb, loss of consciousness or severe bleeding **Dial 999**

## Appointments

The practice offers both bookable up to fourteen days in advance and same-day appointments. We are unable to guarantee a consultation with a specific doctor.

Practice Nurse appointments are bookable up to one month in advance with limited same-day availability.

We offer telephone and face-to-face appointments.

To book appointment:

- Use your NHS account (through the NHS App or the website)
- Go to our website: [www.tamworthhousemedicalcentre.co.uk](http://www.tamworthhousemedicalcentre.co.uk)
- phone us on **0208 764 2666**

Our telephone line is open from 8.00 a.m. to 6.30 p.m. from Monday through to Friday.

When patients request an appointment, our receptionists will ask for further details to ensure the patients are directed to the appropriate service.

If all appointments are fully booked, and a patient feels that their condition warrants a same-day appointment, they will need to come to the surgery and wait to be seen by the doctor. Please note that we are unable to provide a specific time for when the patient will be called in for their consultation with the doctor.

## Home Visits

Most patients will be able to attend the surgery and we encourage you to do this, as it makes the most efficient use of the doctors' time. For patients who are unable to attend, then you may request a home visit by telephoning **020 8764 2666** before 10.00 a.m. whenever possible

### **Repeat Prescriptions**

Repeat prescriptions will be available within two full working days, provided the computer generated printout is delivered to the surgery. Prescriptions can be requested online through the practice website or through the NHS App. If it is difficult to drop the slip in personally, you are welcome to post the prescription request with a stamped addressed envelope. Your prescription will be processed and returned as soon as possible. Please remember this will take longer than two days depending on the postal service.

In addition, many local chemists provide a comprehensive repeat prescription service, including delivery of medicines. Please discuss your requirements with your usual pharmacist.

Telephone requests for repeat prescriptions will not be accepted. This is to prevent mistakes such as prescription of the wrong drug.

There may be a delay in issuing prescriptions if patients have not attended for review, or if the drugs requested are not authorised on the computer for repeat prescribing. In these cases prescriptions will be issued at the discretion of the doctor concerned.

The practice offers Electronic Prescription Service (EPS). We can send your prescription electronically to the pharmacy of your choice.

### **Nursing Services**

Asthma, COPD, Diabetes, Hypertension, Well Woman/Man, Family Planning, Stop Smoking, Elderly Health Assessments, Baby Immunisations and Travel Vaccinations are all offered by our Advanced Nurse Practitioner, Clinical Pharmacist and Practice Nurses. Please book appointments with our receptionists for these services.

### **Telephone Advice**

You may telephone for advice from the Doctors or Nurses on a range of healthcare issues. Please call after 10.30am. If the Doctor or Nurse is not available at the time of your call the receptionist will arrange for them to return your call.

If you request telephone advice from the Duty Doctor/Advanced Nurse Practitioner, your call will be returned the same-day. If you request telephone advice from a specific/named doctor/nurse practitioner/practice nurse, your call will be returned within 48 hours, subject to the specific/named doctor/nurse's availability. It is the patient's responsibility to remain contactable at the number provided to the receptionist.

### **Your Named GP**

All patients registered at the practice are allocated a named GP. If you are unsure of who your named GP is, please ask our receptionists.

### **Travel**

The practice nurses are able to offer information regarding immunisation advisable for travel abroad. The nurses will discuss individual requirements and advise on additional medication or precautions. It should be noted that some of these services are not part of the NHS and are therefore chargeable.